

The Arc of Harrisonburg and Rockingham, Inc.

(formerly the Association for Retarded Citizens)

Serving Individuals with mental retardation and other developmental disabilities since 1962

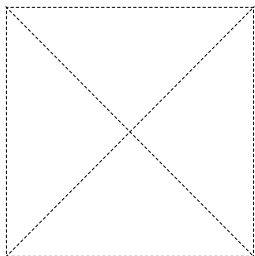
The Arc Advocate

Volume 33, Issue 4

July/August 2006

Important Dates:

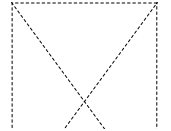
- July 1 - Medicaid requirement for proof of citizenship takes effect
- July 4 - The Arc & Op Shop Closed - Independence Day
- July 7 - Music Under the Stars, 7:00 PM, Camp Still Meadows
- July 11 - Arc Board Meeting, 7:00 PM
- July 14 - Deadline for mailing Destination Anywhere art entries
- July 14 - Faith & Light Worship, 7:00 PM, Camp Still Meadows
- July 21 - RT's Chicken Fundraiser for The Arc
- July 25 - Barbara Moyes presents: Autism Training, 8:30 AM
- July 31 - Camp All-Starz, Rec. Center, ages 10-30
- Aug. 4 - Faith & Light Worship, 7:00 PM, Camp Still Meadows
- Aug. 4-6 - Sales Tax Free school shopping in Virginia
- Aug. 15 - The Arc of VA Calendar deadline for stories
- Aug. 15 - Arc Board Meeting, 7:00 PM
- Aug. 18 - Music Under the Stars, 7:00 PM, Camp Still Meadows
- Aug. 23 - Fund Fest to benefit Camp Still Meadows, downtown
- Aug. 25 - Music by Daphna Creek at Camp Still Meadows
- Sept. 4 - The Arc & Op Shop Closed - Labor Day
- Sept. 12 - Arc Board Meeting, 7:00 PM
- Sept. 15 - Faith & Light Worship, 7:00 PM, Camp Still Meadows
- Nov. 4 - 12th Annual Circle of Support, Woodbridge, VA



The Director's Corner

Mary Ellen Chewning, Executive Director

execdir@hrarc.org



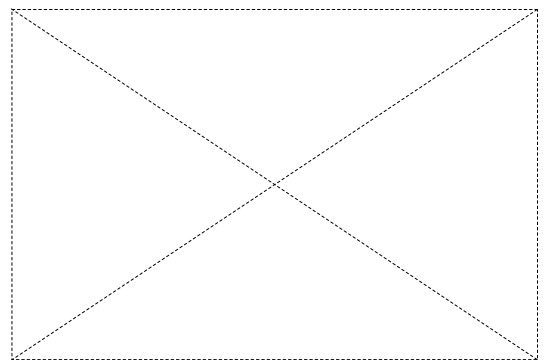
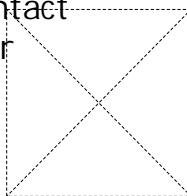
The Arc of Harrisonburg and Rockingham is part of the largest volunteer-based organization devoted solely to issues pertaining to people with intellectual and developmental disabilities and their families. We are a diverse mix of advocates, volunteers, professionals, and organizations that provide advocacy, information, and direct services to our constituents. Our chapter of The Arc, and others throughout the United States, work to build communities wherein all Americans can learn, live, work, worship, and play in settings of their own choosing.

July 1 begins a new organizational year with the recent election of our new officers and board members. Our efforts within the community and for state and federal initiatives are needed now more than ever, and your new board will be working hard to meet the challenges.

Great News! The Arc of Harrisonburg and Rockingham is now approved for Neighborhood Assistance Tax Credits. Businesses and individuals may now qualify for state tax credits when they donate to us. The Arc has also been approved for this year's Commonwealth of VA Campaign for state employees. (see page 4) Both of these programs should enhance our gift giving campaigns. Please get the word out!

We are still looking for volunteers to help in the Op Shop during the summer. Our clients are always glad to meet and work with new people. Volunteer hours are flexible. No special talents or skills are required. It will make you feel good to be doing good.

The Arc of Virginia is looking for stories for the 2007 calendar. Two local stories were chosen for the 2006 calendar. The deadline is August 15. Contact The Arc office for details if you would like to share your story.



Jayne Redelman accepts Volunteer of the Year award from President, Matt Sunderlin

Capital Shop Talk - News From The Op Shop

Campaign Fundraising Update

Christopher Friesen, Program

The Arc has been approved for the Commonwealth of VA Campaign. State employees make direct contributions to The Arc by designating our CVC Code number #5910. Continued participation depends on receiving a minimum of \$500 during 2006.

RT's Chicken will host a second percentage day fundraiser for The Arc. On Friday, July 21, RT's will donate a percentage of their sales to The Arc Op Shop building fund. (see page 5)

Thank you everyone who helped with the yard sale in May, whether you donated items to be sold or gave up a Saturday to help sell stuff. The yard sale raised \$706 for the building fund. Thank you to those who helped with our night of Fund Fest. We won't know how much we raised for the building fund until the fall.

The initial brick order has arrived and will be installed soon, but you can still order a brick for the "Wall of Fame." Call 437.9214 or visit the fundraising page at www.hrarc.org for an order form. Bricks are \$100, \$250, or \$500. Additional bricks will be installed as we receive sufficient quantities.

Only 2 Cats Meow collectibles left! They are \$20 each. Don't Helen Betty D. (July 30), and Faye S. (Aug. 25).

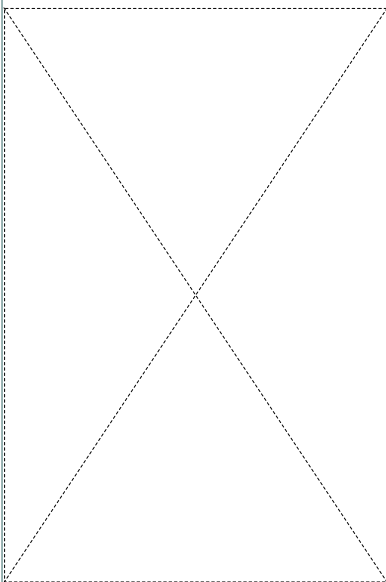
Happy

Wish List

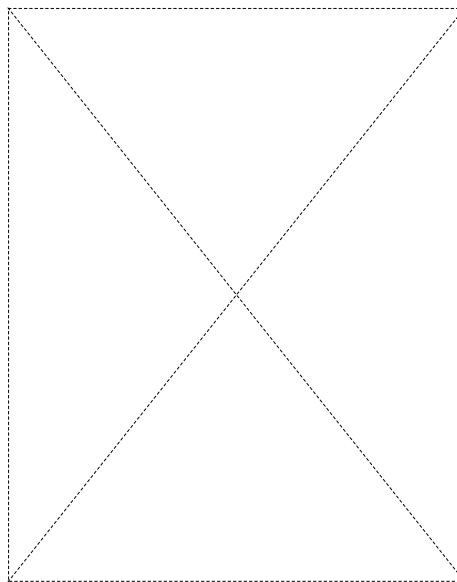
- Aluminum cans to crush & sell
- Christmas & other used greeting cards
- Electric Drill
- Rolling TV stand
- Stamps \$39 per roll
- Twist ties
- Volunteers to help with craft projects
- Wood scraps
- Yarn

Birthday to Becky Helmick (July 2), Cindy T. (July 12),

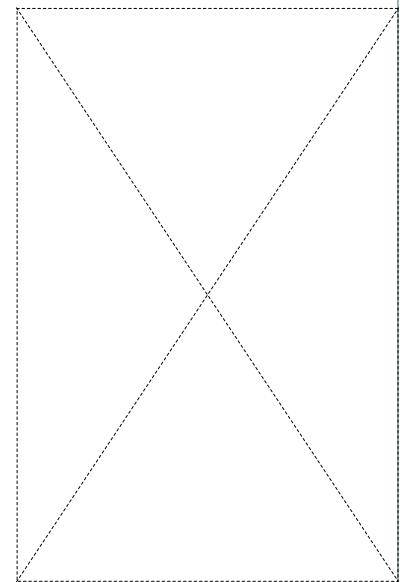
Congratulations to consumers who received perfect attendance certificates for May: Crystal, Betty, Sandra, Anna, Donna J., Violet, Roy, Charles, Dick, Justin, Todd, and Donna W.; and for perfect attendance in June: Crystal, Margaret, Sean, Betty, Sandra, Jerry, Darlene,



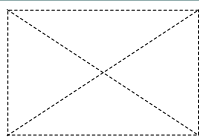
Clients and staff at the Frontier Culture Museum



Violet L. and Betty D. join Thom Mick and Carol Hart for a Hula lesson



Dick S. won first prize in the Hawaiian fishing game



Notes from the Board

Matthew Sunderlin, Esq., President

valleyelderlaw@clark-bradshaw.com

HAPPY NEWYEAR!

New Year? Well, it's the new year for The Arc. July 1st is our own new year's day —a new fiscal year for some of our funding sources, plus we have a new board. I have a lot to be thankful for this past year. I want to thank each of you who have generously given your time and treasure to this fine organization. Former and current board members have really stepped up to the plate and made financial contributions totaling almost \$1,500 based on a personal appeal I made to them.

I want to thank all those who volunteered their time to be on the board. The new board members are Jonathan Coddington, Lisa Milliken, Jeff Shafer, and Becky Weidig. I welcome them to the board and look forward to their contribution. I want to thank the returning board members who agreed to stay on the board this next year. The returning board members and officers are Karen Casey-Winton, Roger Ritchie, Linda Neff, Michael Claypoole, Al Falcioni, Linda Magalis, Jason May, Jerry Minskoff, and Donna Warble. I want to thank the retiring board members Jayne Redelman and Jennifer Brown for their hard work and dedication.

Last but certainly not least, I want to thank Executive Director, Mary Ellen Chewning; Office Manager, Carol Hart; and Op Shop Program Coordinator, Christopher Friesen for their hard work keeping the day-to-day at The Arc and Op Shop operating smoothly. Additionally, we all need to congratulate Mary Ellen on how quickly she is recuperating after her knee surgery.

Now that all the formalities are out of the way, it is time to use this new year and the new opportunities which it will bring to advance this organization and to raise the balance due to the City for the renovations to the Lucy F. Simms Center. Again, happy new year!

The next board meeting will be Tuesday, July 11, 7:00 PM

Election Results 2006–07 Officers

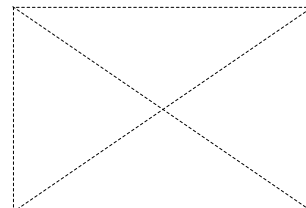
President: Matthew Sunderlin
 Vice President: Karen Casey-Winton
 Treasurer: Roger Ritchie
 Secretary: Linda Neff

Board of Directors

Jonathan Coddington
 Jason May
 Lisa Milliken
 Jeff Shafer
 Becky Weidig

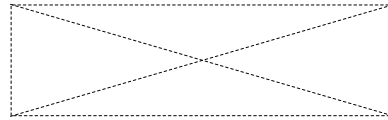
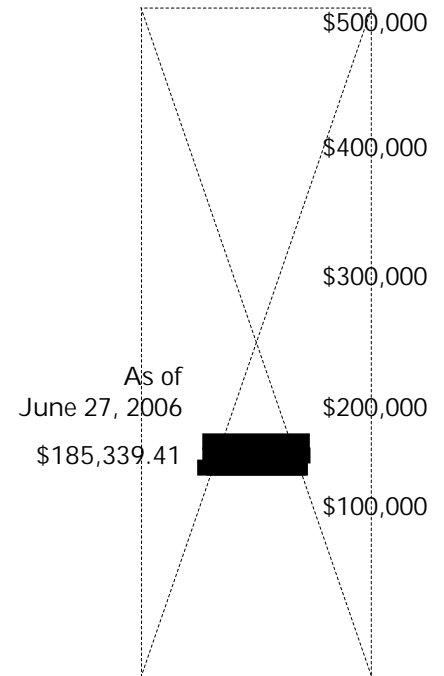
Board Members beginning the second year of their two year term:

Michael Claypoole
 Al Falcioni
 Linda Magalis
 Jerry Minskoff
 Donna Warble



Honorary Board Member: Carolyn W. Frank

Jayne Redelman was presented with a plaque recognizing her as Volunteer of the Year.



Acknowledgements

We would like to thank the following generous contributors for their recent donations:

B & L Glass for donating scraps of plexiglas to the Op Shop

John & Kappy Barnes for a donation to the building fund

Stephen Boots for donating to the Op Shop through United Way of Bergen County, NJ

The Brandt Foundation for a generous donation to The Arc

Michael & Dawn Claypoole for a donation to the building fund

Robert D. Holter for donating through the United Way of Greater Augusta

Susan Mansfield for a donation to the building fund

Lawrence McDonaldson for donating through the United Way of Greater Augusta

David & Shirley Merlin for a donation to the building fund

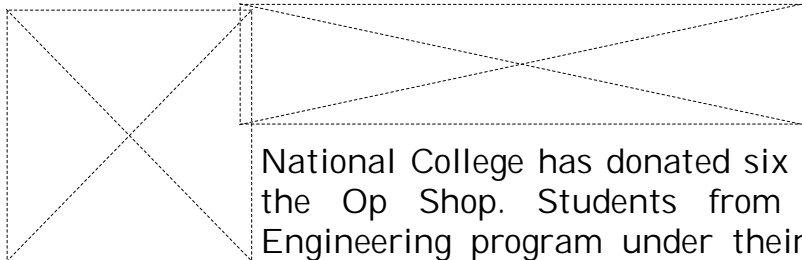
Roger Ritchie for a donation to the building fund

Dan & Marie Rublee for a donation to the building fund

Rev. Dan Smucker for a donation to the building fund

Wylie and Diane Walton for renewing their membership at the donor level

Donald, Florence, and Todd Turner for purchasing a brick honoring
Bivian and Gifford Wenger on their 60th Wedding Anniversary, May 11, 2006



Donates Computers to The Arc

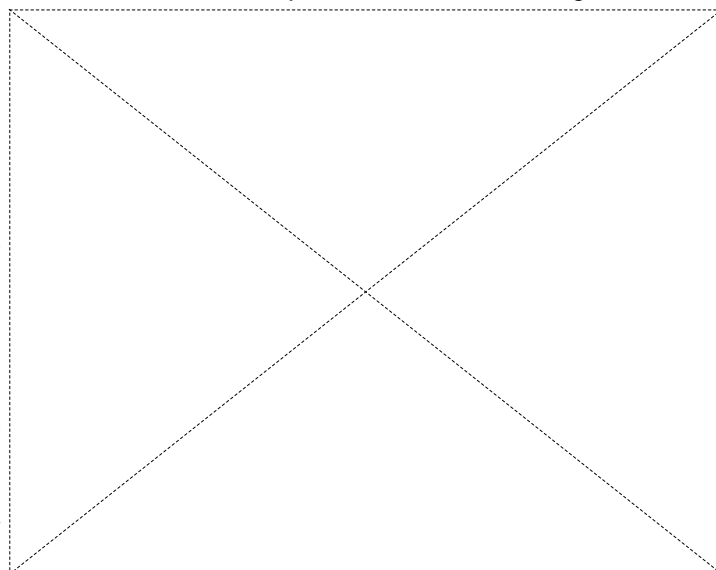
National College has donated six late model computers to The Arc and the Op Shop. Students from the college's Information Systems Engineering program under their instructor, Felix Baez, took on the installation and connecting of the computers to the network as a project.

Student Project Manager Catherine Baize, and ISE students Randall Paugh, Thomas Njau, Celena Fox, Pamela Morris, are working on their Network Engineering Certification. The new computers are much faster and will improve the efficiency of the staff who use computers as well as allow the Op Shop to use newer software for the clients.

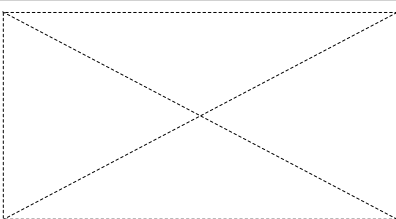
The National College students are taking The Arc's old computers to use as part of a project they are working on for the Children's Museum.

We would like to thank Jack Ekey, Tom Jackson, and Norman Hart of National College for arranging and coordinating the donation.

We wish National College the best as they build their new facility on Country Club Road.



The ISE students and instructors from National College with The Arc and Op Shop staff and Honorary Board Member Carolyn Frank



% Fundraiser

RT's Chicken will again be holding a percentage fundraiser for The Arc. On Friday, July 21

please plan to dine-in or pickup take-out at RT's Chicken and say you are there to support The Arc. RT's Chicken will donate a percentage of those sales to The Arc Op Shop building fund. In addition to BBQ chicken, RT's also serves burgers, salads, and breakfast. You can see RT's complete menu online at www.rtschicken.com or www.golookon.com

RT's Chicken is located at 120 University Blvd. We like to thank Todd Gardner, RT's owner for his continued support.

Training Opportunity:

Rebecca Moyes Presents:
Addressing Social and Behavioral Concerns for Children with Autism/Asperger's Syndrome

Presented by: The VA Dept. of Education's Training and Technical Assistance Centers

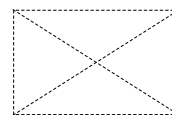
Tuesday, July 25, 2006

8:30 AM —4:00 PM

Double Tree Hotel, Charlottesville, VA

Fee: \$20.00 per person For more information, go to Region 5 T/TAC at

<http://ttac.cisat.jmu.edu/index.htm> and click onto training to download or print a registration form.



Camp Still Meadows - Summer Schedule

Music Under the Stars, Fridays at 7:00 PM
July 7, and August 18

Music by Daphna Creek, Friday, August 25, 7:00 PM

Day Camp runs Monday through Friday 9:00 AM - 4:00 PM.
July 17-21, August 7-11

Pre-registration is required for Day Camp. A limited number of full and partial camperships are available through the camp office. Contact Camp Still Meadows at 540.833.2072 or email campstillmeadows@aol.com for additional information or an application. **ALL DAY-CAMP SESSIONS ARE FULL**

For more information and a complete calendar of events, visit the website at campstillmeadows.org

Fund Fest to benefit Camp Still Meadows: Wednesday, August 23, 5:30 - 8:30 PM, downtown Harrisonburg.

Faith and Light Worship Services - Summer Schedule

Persons with disabilities, their families, and friends are invited to be a part of an inclusive worship experience sponsored by Pleasant View, Inc. Services will be held at Camp Still Meadows Friday evenings, July 14, August 4, and September 15 at 7:00 PM. For additional information contact Pastor Dave Gullman, 540.433.8960 or by email at djg_pv@ntelos.net

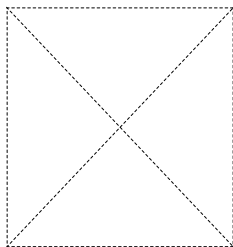
Best Wishes to Board Member and Op Shop volunteer, Jayne Redelman as she moves to Fredericksburg. We will miss her.

A speedy recovery is wished to Florence Turner, who is recuperating at home.

Our thoughts are with the Jenkins family while Shelby remains in the hospital following a car accident. Donna has been released and is recuperating at home.

Mary Ellen Chewning is doing very well following double knee replacement surgery. She will be back to work full-time soon.

Our sincere condolences to Gifford Wenger and the entire Wenger Family on the loss of Bivian I. Wenger.



Proof of Citizenship Required for Medicaid Recipients

A new proof of citizenship requirement for Medicaid recipients took effect on July 1, 2006. Documentation of both citizenship and identity will be required for new Medicaid applicants and current recipients as they recertify. Department of Social Services employees will be able to assist recipients and applicants who are unable to produce the documentation needed for proof of citizenship. Eligibility will continue pending receipt of documentation. Currently, the local DSS offices have little information, but DSS employees will be undergoing training soon.

Key To Early Diagnosis Of Autism May Be In The Placenta

Researchers at Yale School of Medicine have discovered in the placenta what may be the earliest marker for autism, possibly helping physicians diagnose the condition at birth, rather than the standard age of two or older.

The findings are reported in the June 26 online issue of *Biological Psychiatry*. Autism is a developmental disorder that has a profound effect on socialization, communication, learning and other behaviors. In most cases, onset is early in infancy. Information on the earliest development aspects of autism in children has been limited even though approximately one in every 200 children is diagnosed with an Autism Spectrum Disorder (ASD). The earlier the diagnosis is made, the greater the treatment impact.

Current studies are searching for characteristics in children at risk for ASD so that the diagnosis can be made prior to age one. The ideal time for diagnosis would be at birth, according to senior author on the study Harvey J. Kliman, M.D., research scientist in the Department of Obstetrics, Gynecology & Reproductive Sciences at the Yale School of Medicine. In previous work, Kliman had observed an unusual pathologic finding in the placentas from children with Asperger Syndrome, an ASD condition which, like autism, impairs the ability to relate to others.

"By serendipity, at a dinner party I happened to sit next to George M. Anderson, a research scientist in the Yale Child Study Center who had access to many cases of children with ASD," said Kliman. "We realized that by working together we might be able to determine if this placental abnormality could be a useful clinical marker."

With the help of Andrea Jacobs-Stannard, a student in Kliman's laboratory, and Katarzyna Chawarska and Fred R. Volkmar of the Yale Child Study Center, the group designed a study to see if the placental abnormality, specifically the presence of trophoblast inclusions, was a marker for ASD. The multidisciplinary team of Yale researchers compared placentas from 13 children with ASD to those from 61 unaffected children for the presence of trophoblast inclusions. They found that the placentas from ASD children were three times more likely to have the inclusions. Kliman and the team identified trophoblast inclusions by performing microscopic examinations of placental tissues.

"We knew that trophoblast inclusions were increased in cases of chromosome abnormalities and genetic diseases, but we had no idea whether they would be significantly increased in cases of ASD," said Kliman. "These results are consistent with studies by others who have shown that ASD has a clear genetic basis."

Trophoblast inclusions reflect abnormal folding of microscopic layers in the placenta and appear to result from altered cell growth. Kliman likened the presence of trophoblast inclusions to an automobile check-engine-light. "When the light goes on it simply means that something is not right," said Kliman. "If the light is on and there is, for example, steam coming from under the hood, then it is likely that the radiator is leaking. However, if the check engine light is on and there is nothing obviously wrong, then the car should be carefully checked."

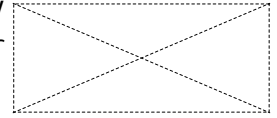
The Yale team plans to replicate the evaluation with larger multi-center and prospective studies. They will examine the placentas of the children in the study in greater detail to gain insight into the biological basis of the inclusions in ASD.

Volkmar said, "If the work is confirmed by the next series of studies, then the finding of trophoblast inclusions at the time of birth in the absence of any obvious genetic abnormalities would be an indication to have a child examined by a specialist to determine the presence of ASD."

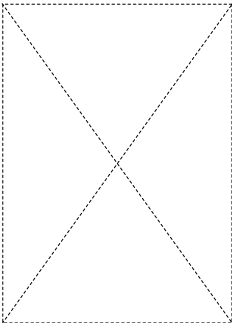
Citation: *Biological Psychiatry*, Published online (June 26, 2006)

Parent Resource Center

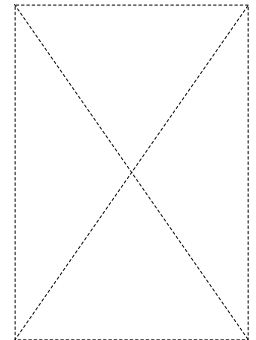
We would like to thank the United Way Day of Caring volunteers who helped to unpack, sort, and catalogue books for what will become the Parent Resource Center. Now that we know which books are already in our library, we will be purchasing additional books. Topics currently represented in our library include Asperger's Syndrome, Autism, Cerebral Palsy, Down's Syndrome, Siblings, Special Education, Spina Bifida, and various books on parenting a child with disabilities. At this time, the library is only open by appointment. Call The Arc office 437.9214 if you wish to use the library, or if you have a title or topic you would like to suggest we purchase.



Op Shop Products For Sale
 available to purchase Monday—Friday,
 8:30 AM – 5:00 PM
 The Arc Op Shop ? 620 Simms Avenue ? Harrisonburg



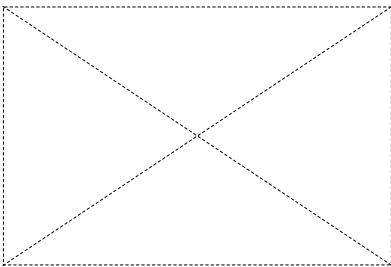
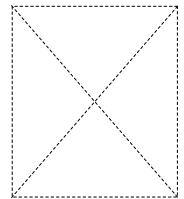
paper plate holder
walnut \$15



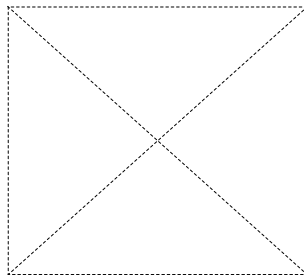
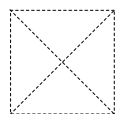
Butterfly House
\$25

New products include hanging quilt racks, decorated flower pots, cow and chicken banks, and a Virginia shaped cutting board. Adjustable Casserole Carriers are back! Perfect for covered dish suppers, the pegs adjust to carry any dish. Also on display and available to purchase are memo holders, bread boxes, napkin holders, wooden toys, peg racks, picture frames, step stools, small cabinets, and much more.

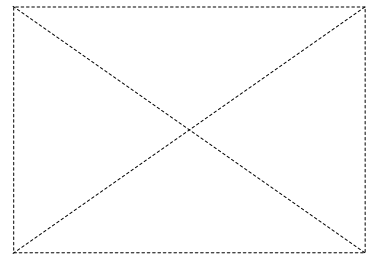
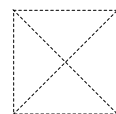
Stop by 9-5 Monday-Friday or visit www.hrarc.org to see more Op Shop products.



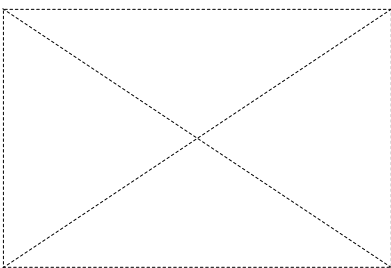
NEW Chicken & cow banks
\$12 \$15



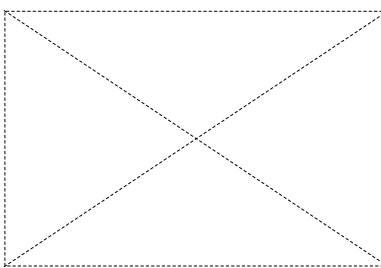
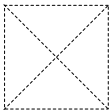
Oak peg shelf \$25



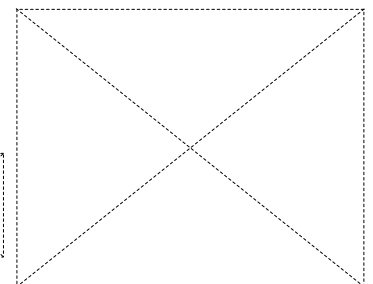
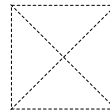
Assorted Cutting Boards



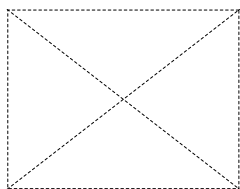
Donkey & elephant banks
\$12 \$12



Casserole Carrier Tray with movable pegs
adjusts to carry any size dish \$20



rocking airplane \$75



Hurricane Season –Are You Prepared?

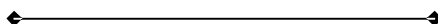
Rebecca Joyce, Coordinator, Shenandoah Valley Project Impact

Hurricane Season runs from June 1 through November 30. Many people think that because we live inland, we do not have to worry about hurricanes, however they can be a real danger to us as well. Usually by the time a hurricane reaches us, it has been down-graded to a tropical storm, so the winds are not as much of a problem as flooding. As tropical storms move through the Shenandoah Valley, they stall out against the mountains and drop large amounts of rain. In 2003, Hurricane Isabel dropped 21 inches of rain in parts of Augusta County. In 1996, Hurricane Fran caused flooding in Rockingham County.

Here are some simple things that you can do to be prepared:

- Make sure your family has a disaster supply kit with enough water, food, and supplies to last 3 days. Store 1 gallon of water per person per day. Make sure you store foods that are non-perishable and do not require cooking – peanut butter, canned fruit, and granola bars are good examples.
- Make sure that your family has a “long distance” contact – that way, if your family is in different places, you can relay messages back and forth through this person. During disasters, it is sometimes easier to contact someone out of the area.
- Keep in mind any special needs that you or a family member need to include in your planning such as medication or medical equipment, dietary restrictions, mobility issues, or physical impairments.

For a free hurricane preparedness guide, contact Shenandoah Valley Project Impact by phone at 540-885-5174 or by email at rebecca@cspdc.org. You can also find out more information about how to prepare for hurricane season at the Virginia Department of Emergency Management's website at www.vaemergency.org

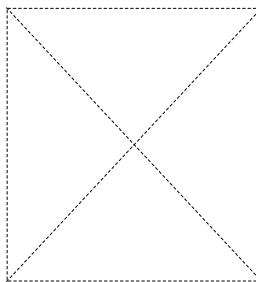


The National Organization on Disability's Emergency Preparedness Initiative is a good place for more information on preparing for hurricanes and other disasters. Find more information at: www.nod.org/emergency.

FEMA's publication, Preparing for Disaster for People with Disabilities and other Special Needs, is available online at: www.redcross.org/services/disaster

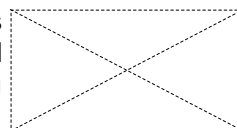


Pilot Club Raffle - Redskins Football Tickets



The Pilot Club of Harrisonburg Is holding a raffle for a pair of tickets to a pre-season football game, the Washington Redskins vs. Baltimore Ravens on Thursday, August 31 at 8:00 PM. The prize package, which is **valued at \$253**, includes two lower level tickets and a green zone parking pass at Fed-Ex Field. The drawing will be held July 10, 2006. You need not be present to win. Raffle tickets are \$1 each.

Proceeds of the raffle benefit Pilot Club projects supporting individuals with brain related disorders and disabilities. For tickets or additional information contact any member of the Pilot Club of Harrisonburg (including Carol at The Arc office) or email pilotclubhburg@yahoo.com



VSA Arts and Volkswagen of America Call for Entries

Destination Anywhere: a national exhibit for young artists with disabilities

Postmarked deadline: July 14, 2006

VSA Arts and Volkswagen of America are seeking artwork from young artists with disabilities, ages 16-25, living within the U.S. Destination Anywhere challenges artists to consider the picture as a destination, a place where the viewer might take a trip they never expected. Fifteen finalists will be awarded a total of \$60,000 during an awards ceremony on Capitol Hill, and artwork will be displayed in a nation-wide touring exhibit that will debut at the Smithsonian Institution in Washington, D.C.

Besides a destination, abstract work can relate to feelings or emotions, or an experience of living with a disability, and its role in shaping or transforming the destination. Art must be an original work that has been completed in the last 3 years. Eligible media includes paintings, drawings, fine art prints, photography, computer generated prints, and mixed media. Artwork must be presented in two dimensions and should not exceed 60 inches in either direction. There is no fee to apply.

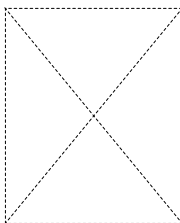
Visit www.vsarts.org/VWcall for additional information and entry instructions, or contact Jennifer Colaguori, visual arts coordinator, at jenniferc@vsarts.org or 800-933-8721 ext. 3885. Alternative formats of the Call for Entries are available upon request.

VSA arts is an international nonprofit organization founded in 1974 by Ambassador Jean Kennedy Smith to create a society wherein all people with disabilities learn through, participate in and enjoy the arts. VSA arts provides educators, parents, and artists with resources and the tools to support arts programming in schools and communities. VSA arts showcases the accomplishments of artists with disabilities and promotes increased access to the arts for people with disabilities. Each year, millions of people participate in VSA arts programs through a nationwide network of affiliates and in more than 60 countries around the world. VSA arts is an affiliate of The John F. Kennedy Center for the Performing Arts.

Shenandoah Valley Autism Partnership (SVAP)

Partnership Postings

The "Lunch Bunch," an informal support group/networking meeting for those interested in the Autism Spectrum Disorder, including Asperger's Syndrome, PDD, and related disorders, will resume

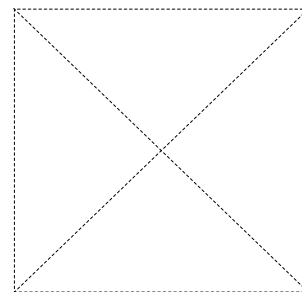


meetings in the fall. The Shenandoah Valley Autism Partnership is an affiliate of The Arc of Harrisonburg and Rockingham.

Membership in SVAP is \$20, which includes \$15 for membership in The Arc. If you are already a member of The Arc of Harrisonburg and Rockingham, you may send the additional \$5 for SVAP membership when you renew your membership in The Arc.

SVAP is selling Autism Awareness Ribbon Magnets for \$5. The proceeds benefit SVAP. Magnets are available at The Arc office and from SVAP members. For additional information, call Fonda at 540.289.9206, email svap@valleyautism.org, or call Sally at 540.568.8095. Visit the SVAP website at www.valleyautism.org

The 12th Annual
Circle of Support
November 4
8:00 AM - 4:00 PM
Hylton High School
14051 Spriggs Road
Woodbridge, VA



A conference for families of children
with special needs and the
professionals who work with them

For more information or to be placed on the mailing list, call 703.730.3124.

Sponsored by:

The Arc of Greater Prince William
Childcare and Sib-shops, and workshops

Topics of interest for the entire family

Registration fees: On or before Sept. 30

\$25 Parents

\$35 Professionals

Invitation to Non-Members (those with an expired date or no date on the mailing label) - Our limited financial resources will not permit us to send our newsletter to non-members indefinitely. We invite you to support the advocacy of persons with mental retardation and other developmental disabilities by filling out the membership form below and mailing it to The Arc office. Membership in The Arc of Harrisonburg and Rockingham includes membership in The Arc of Virginia and The Arc of the United States. DUES & DONATIONS ARE TAX DEDUCTIBLE

Application for Membership

Fill out and mail to : The Arc of Harrisonburg and Rockingham, Inc.
620 Simms Avenue
Harrisonburg, VA 22802

Name _____

Telephone _____ E-mail Address _____

Address _____

City _____ State _____ Zip _____

Renewal New Member

Individual/Family dues \$15 Contributor \$25 Donor \$100 Cherub \$250 Angel \$500 Arc Angel \$1000

Enclosed is an additional \$5 for Membership in Shenandoah Valley Autism Partnership SVAP \$5



COURTESY RENEWEL REMINDERS

THANK YOU TO NEW MEMBERS & RECENT RENEWALS: Rick & Cherie Bowen, Mr. & Mrs. Weldon Click, Althea Crawford, Mr. & Mrs. Willard E. Dean, Carolyn & Al Falcioni, Dave Flick, Christopher Friesen, Mr. & Mrs. Johnny W. Garber, George & Ann Homan, John Humphries, Dr. & Mrs. Andrew Kohen, Dorothy & Bob Lee, Mr. & Mrs. J.L. Miller, Lowell W. Miller, Jayne Redelman, Lynne & Todd Rhea, Donna Reynolds, Paul & Mary Ellen Rublee, Lillian & Paul Sharp, Jim & Grace Spart, Kendel St. John, Shelby Sweeney, Larry & Joann Turner, Phyllis & Beverly Turner, Wylie & Diane Walton, Mr. & Mrs. Gifford Wenger, Jeanne Zimmerman

MEMBERSHIPS THAT HAVE RECENTLY EXPIRED: Dr. John V. Barnes, Jennifer Brown, Margaret A. Burke, Belinda Campbell, John & Deborah Canter, Emily Dingledine, Bill & Cindy Greene, Joann & Jim Henderson, Victoria B. Hensley, Bill & Carol Ingram, Ginger McDonaldson, Katherine & Alan Neckowitz, Paul & Linda Revel, Paula Rhodes, Sheli & Jay Rhodes, Lillian & Dick Richardson, Daniel & Marie Rublee, David Shue, Rick & Jane Smith, Kevin & Rhonda Stees, Scott & Karen Winton, Harold & Beverly Wood

MEMBERSHIPS EXPIRING IN (July): (PLEASE RENEW now) Dr. & Mrs. Donald Brown, Hal & Marcia DuBois, Philip & Sue Hutchinson, John & Linda Neff, Pilot Club of Harrisonburg, Keith & Jennifer Sampson, Marion & Bill Sharp, Mr. & Mrs. Ralph Smith

MEMBERSHIPS EXPIRING IN (August): (PLEASE RENEW in July) Jerry & Virginia Wenger

Our thanks to each of you who supports The Arc, whether through direct monetary donations, United Way contributions, the Food Lion Shop & Share program, volunteering your time and energy to our programs, or purchasing Op Shop crafts. Your giving allows us to continue to make a better life for persons in our community with mental retardation and other related developmental disabilities.

THE ARC OF HARRISONBURG AND ROCKINGHAM, INC.

NON-PROFIT ORGANIZATION
US POSTAGE PAID
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The Lucy F. Simms Center
620 Simms Avenue
Harrisonburg, VA 22802

Phone: 540.437.9214
Fax: 540.437.9217
Email: arc@hrarc.org
Website: www.hrarc.org

The Arc Officers 2006-2007

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Matthew C. Sunderlin, Esq.

Vice President
Karen Casey-Winton

Secretary
Linda Neff

Treasurer
Roger Ritchie, Esq.

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Michael Claypoole
Jonathan Coddington
Al Falcioni
Linda Magalis
Jason May
Lisa Milliken
Dr. J. Gerald Minskoff
Jeff Shafer
Donna Warble
Becky Weidig

Honorary Board Member
Carolyn W. Frank

The Arc Staff

Executive Director
Mary Ellen Chewning

Office Manager/Newsletter
Carol Hart

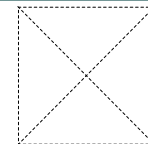
The Op Shop Staff

Program Coordinator
Christopher Friesen

Full Time Instructors
Rebecca Helmick
Beverly Mahood
Thom Mick
Lori Yost

Part Time/Substitutes/Van Drivers
Jason Hendricks
Janet Maasch

Assistant
Dick Simon



The Arc received our largest check ever from Food Lion for the first quarter of Shop and Share 2006. \$293.24 Thank you to everyone who enrolled their MVP cards. Call The Arc office 540.437.9214 or visit our website www.hrarc.org to enroll your MVP card.

If you no longer wish to receive our newsletter, or you are receiving duplicate copies, please call The Arc office at 540.437.9214, email us the correction at arc@hrarc.org, or mail this page back to us marked "remove." Thank you.

