The Arc of Harrisonburg and Rockingham promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes. For people with intellectual and developmental disabilities since 1962.

Important Dates:
- **July 1** Faith & Light, 7:00 pm, Still Meadows
- **July 18** The Arc Board Meeting, 6:30 pm, Simms Conference Room
- **July 12** Special Needs Trusts and Future Planning
- **August 15** The Arc Board Meeting, 6:30 pm, Simms Conference Room
- **August 18** Special Needs Trusts and Future Planning
- **August 26** Faith & Light, 7:00 pm, Still Meadows
- **Sept. 15** Special Needs Trusts and Future Planning
- **October 20** Special Needs Trusts and Future Planning
- **November 9** Special Needs Trusts and Future Planning
- **December 14** Special Needs Trusts and Future Planning

Participant News

**Dianne Fulk, Administrative Director**  **arc@hrarc.org**

A couple of years ago we were introduced to Dr. Paul Auckerman, Ph.D. who is a “retired government worker in his late 70s who has a passion for playing music and appreciating its therapeutic value from his education in special education and child psychology – he holds a Ph.D. in the discipline – and his experience in such roles as director of the National Institute on Disability and Rehabilitation Services of the U.S. Department of Education”.

This association with Paul and JMU has led to our folks learning to play the chimes that we borrowed from Laura Douglass and Asbury United Methodist Church. We named our group The Rocktown Ringers and performed at Asbury most recently with their own handbell choir for two fundraising concerts to try to raise funds for us to get our own chimes. Thanks to the generosity of the Church and the community we successfully purchased and unveiled our very own chimes at our Annual Membership Picnic Meeting in early June!

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4Quote from Stephanie Strickland ('13), JMU Public Affairs, July 1, 2013

Our new Chimes!  Paul explaining chimes  Heather Denman, Paul Auckerman, Terri Gibbs and Laura Douglass  Dick practicing!

Our Rocktown Ringers (plus others) performing at Asbury United Methodist Church on April 23rd to raise money for our own Chimes!

The Asbury UMC Handbell Choir presented a Handbell Dessert Concert on Saturday, April 16 at 6:30 PM in Slaven Hall that benefitted our own Rocktown Ringers! Repertoire includes selections from Broadway and films performed on the church’s 5-octaves of handbells and choir chimes.

Note: We apologize for not recognizing Pleasant View and their job coach for getting the Dairy Queen job for Hope that was highlighted in the last newsletter.
It has been a very busy past quarter. We welcomed two new participants and hope they are enjoying their day support programs at the Arc. Shasta has been busy setting up a weekly schedule in an attempt to make sure all individuals have an opportunity to go out in the community to volunteer, enjoy recreational sites, eat at their favorite spots, going to the movies, and visiting their favorite shops. Our field trip to Frontier Culture Museum was postponed due to rain, however, has been rescheduled for June 23. We are all looking forward to this trip. Thanks to The United Way Day of Caring, our program room is now painted a soothing shade of blue and has really enhanced the look of our center. In the near future, a mural will be painted across one of the walls depicting a timeline of the history of the Op Shop beginning 30+ years ago to the present.

Thanks to proceeds from various fundraising events, The Arc is now the proud owners of our personal set of chimes. We have already given a sample performance to those individuals that attended The Arc Board of Directors’ Membership Picnic held in June. We are hoping to perform at various events throughout the year. We already have a commitment to the VA Mennonite Retirement Home for an appearance at their December program event. The Kids on the Block puppets were also introduced by Gayle at the picnic with a demonstration and description of the various skits. Performances will be given throughout the summer at local schools during their summer school programs. We are proud of our participants for sharing their musical and drama talents with the community.
Notes from the Board
James Ward, President

Hello everyone,
At our member’s meeting in June, we elected the following slate of officers:
James Ward, President of the Board
Carroll Ward, Vice-President of the Board
Jan Rhodes, Treasurer
Jennifer Bridges, Secretary
We also welcomed a new board member, Sandy Minskoff. Welcome Sandy!
Thank you to Dianne for the work on our June picnic/potluck meeting.
In other news, our Arc chapter is the recipient of a sizable grant to work for community inclusion.
Thank you to Heather for all of your hard work on grants.
James Ward,
President of the Board

The next board meetings will be

Monday, July 18 and Monday, August 15 at 6:30 PM
in the Conference Room at Simms.
The public is always welcome and invited to share their comments.

Are you ready to vote?
From The Arc of Virginia

The 2016 Presidential election is coming up and if you aren’t tired of hearing about it, you will be! In all that chatter, it is easy to be discouraged and to lose sight of the importance of voting. However, The Arc is dedicated to ensuring you have the knowledge and the opportunity to express your choice at the ballot box!

The Know Your Right To Vote Campaign is dedicated to providing voter education materials and resources to the disability community because when we exercise our right to vote, we will have the power to influence the structure and funding of disability programs, such as Medicaid and Social Security!

If you are intimidated or confused about the upcoming elections and how you can access your right to vote, the U.S. Election Assistance Commission has a great resource on voting in federal elections. This voter guide entitled “14 Facts About Voting in Federal Elections” is a great resource to ensure you are ready to make an impact on November 8th!

Are you eligible to vote? How do you even register? What should you take with you to the polls? Find out answers to these questions and more.

The Know Your Right To Vote campaign Is brought to you by
ACKNOWLEDGEMENTS

We would like to thank the following generous contributors for their recent donations:

Stephen Boots  
Robert Harper  
Debra Smith  
Drexel & Barbara Judd  
Iva Kenney  
Jeffrey Brown  
Donald & Florence Turner  
Asbury United Methodist Church–Chimes  
Judith Breeden–Chimes  
Larry “Butch” & Paula Bowman–Chimes  
Ted & Janet Rhodes–Chimes  
Carolyn Frank-Chimes  
Mary Ellen & Brad Chewning  
Ronald & Edith Carrier  
Gretchen Blakey & the Shenandoah Valley Duplicate Bridge Club  
United Way of Roanoke Valley  
United Way of Harrisonburg & Rockingham County  
Shelby Sweeney in Memory of her Mother, Charlotte Smith  
Donald & Joan Simon-Chimes  
LD&B Insurance and Financial Services  
Joan Cave  
Robert & Charlotte Holter  
Carroll & Lee Ward  
Rudy & Luanne Long  
Neil Hall  
Michael & Pamela Adams  
Eleanor Campbell for The Herman and Janet Mason Families Fund of The Community Foundation of Harrisonburg and Rockingham County

Condolences to:
Becky Wiggins and Family on the loss of her Aunt Linda  
Heather Denman for the loss of two friends and two brothers-in-law

In Memory of Bev Mahood:
Bill and Connie Louderback  
Tony & Sharon Tagliantetti  
Carolyn Frank  
Charles & Helen Leach

COURTESY RENEWAL REMINDERS
MEMBERSHIPS EXPIRING IN JULY: Victoria Hensley & Charles Wampler
MEMBERSHIPS EXPIRING IN AUGUST: Steven & Amanda Brothers, Marcia Hilbert & Jackie Thomas-Suggs
MEMBERSHIPS EXPIRING IN SEPTEMBER: James Ward

Click “like” on The Arc of Harrisonburg and Rockingham page on Facebook
Become a Member of The Arc of Harrisonburg & Rockingham

Your membership includes membership in The Arc of Virginia and The Arc of the U.S. Your dues are tax deductible!

Name: _________________________________________ Address: __________________________________________________
City: State: Zip: Phone: __________________________________________________________________________________
Email (for newsletter and event information): ____________________________________________________________

Individual/Family Dues: $20
Renewal ☐ New ☐  
Business ☐ ($50.00)

I would like to make an additional contribution

$25 ____ $50 ____ $75 ____ $100 ____ $250 ____ $500 _____ Other:

My gift is in memory of / in honor of:

________________________________________________

Please mail form with your check to:
The Arc
620 Simms Ave.
Harrisonburg, VA 22802

Send acknowledgement to:
_________________________________________________________________
_________________________________________________________________

Thank you!

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YOUR INPUT MATTERS  Heather Denman, Executive Director  execdir@hrarc.org

COMMUNITY ENGAGEMENT GRANT ANNOUNCEMENT

We are proud and pleased to announce that we are the recipients of a $375,000 state grant to implement a pilot program for community engagement and community coaching. The award, by the Department of Behavioral Health and Developmental Services, will be shared equally with The Arc of Southside (Danville) thereby providing the ability to compare outcomes in 2 disparate communities, share expertise and best practices, and provide mutual support throughout the grant period which is from July 01, 2016 through June 30, 2018.

The grant will allow us to transform our day support services into fully integrated, inclusive supports that create opportunities for real and meaningful connections within the community. Activities will be: based on individual interests; flexible; able to change as people’s interest change and grow, and occur naturally in the community. Community exploration will include opportunities for volunteerism, recreation, education, entertainment and socialization. Utilizing free community website portals for sign-ups, participants will select and participate in events and activities in and around their communities. Dynamic clusters of a Team Leader and up to 3 individuals with I/DD will be fully engaged in the community based on their activity selections and interests. In each Arc, new teams will be added throughout the grant period until 28 participants are engaged and fully integrated in the community. Opportunities for one-on-one exploration for individuals with significant medical or behavioral needs will also be provided.

Grant funds will support hiring and training additional staff to provide the higher staff to participant ratios required for community engagement, the purchase of vehicles, reimbursement for transportation costs associated with community exploration, as well as costs associated with the creation of a “How to Guide” and peer training for other providers in the commonwealth.

Needless to say, we are very excited for this wonderful opportunity to not only expand our services to persons with /DD but to move much closer to engaging them in A Life Like Yours.

Heather Denman

Special Needs Trusts and Future Planning

Karen L. Rowell, Esq. and Chad Knicely will be available to meet with you at The Arc (620 Simms Avenue) for a complimentary 30 minute introductory consultation on Special Needs Trusts and Future Planning July 23, August 18, September 15, October 20, November 9 and December 14 from 9:00 a.m. – 2:00 p.m: Schedule your appointment by calling Chad Knicely at 540-746-1761 or by email:cknicely@ft.newyorklife.com

Our thanks to each of you who supports The Arc through direct monetary donations, United Way contributions, using AmazonSmile, volunteering your time and energy to our programs, or purchasing Op Shop crafts. Your giving allows us to continue to make a better life for persons in our community with intellectual and other developmental disabilities.
The Arc of Harrisonburg and Rockingham, Inc.

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Kate Renalds
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Dianne Fulk, Administrative Director
Terri Gibbs, Director of Support Services
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Shasta Rasnake, GOLD Program Coordinator
Emily Shifflett, Direct Support Professional
Dick T. Simon, Office Assistant
Rebecca Wiggins, Op Shop Coordinator
Lori Yost, Direct Support Professional

Wish List

- Laptop computer
- Breakfast bars (granola, Belvita, Nutrigrain etc.)
- Aluminum Cans to crush and sell (rinse cans if possible)
- Snacks (pre-packed i.e. animal cracker, cheese puffs etc.)
- Napkins
- Paper towels
- Plain white copy paper
- Plastic Forks
- Plastic Spoons
- Large clear storage tubs w/ lids
- Non-violent computer games

If you no longer wish to receive our newsletter or are receiving duplicate copies, please call The Arc office at 540.437.9214 ext. 130, email us the correction at arc@hrarc.org, or mail this page back to us marked “remove.” Thank you.