**Upcoming Events**

**Board Meeting**  
Mon April 16th  
6:30pm, Lucy Simms

**Great Community Give**  
Wed April 18th

**Applebees Fundraiser**  
Wed April 18th,  
4:00—9:00pm

**Blossoms of Springtime**  
Orders due by April 25th

**Arc Arts Show**  
Tues May 1st, 5:30—7:00pm  
Vision of Hope UMC

**Save the Date! 1st Annual Arctoberfest**  
Sat October 13th, 2018  
Turner Pavilion, Harrisonburg

**Canteens**  
Cecil F. Gilkerson Center  
7-8:30 PM  
May 4th: Save the Last Dance  
May 18th: End of the Year Cookout - Westover Park, shelter 1, 5:30 –7pm

**Day of Caring**  
Wed May 9th  
Volunteering day  
Memorial Hall, JMU

**Birthdays celebrated**

- January: Lori Y., Deb A., Hope S., Mark L., Heather D., Chase I., Kelly C., Dyman M.
- February: Dylan M.
- March: Robert C., Darlene H., Lizzy C., Charles R., Aaron C., LonDre Mc
- April: James W., Justin S.
- May: April

**Eliminating the Priority One Medicaid Waiver Waiting List is our 2018 legislative advocacy platform. A third of the over 12,000 individuals on the VA wait-list are in dire need of services within one year (Priority One).**

Ken and Sue Utterback have waited 16 years for a waiver for their son, Steven, and they are not on a top priority list yet. The Utterbacks spent Valentine's Day on the hill in Richmond visiting Senator Mark Obenshain and Delegate Tony Wilt. Senator Obenshain warmly introduced them and The Arc of Harrisonburg and Rockingham in the Senate and urged his peers to eliminate the Priority One Waitlist. Thank you Senator Obenshain!

Earlier in the month we met with Senator Tim Kaine’s Regional Director, Gwen Dowd, and shared our concerns over the potentially devastating impacts of proposed Medicaid caps and cuts for the Developmental Disability community. We continue to advocate against cuts and caps at the federal level and appreciate Gwen’s visit to Harrisonburg and listening to our concerns.

Please let your representatives at all levels of government know that spending cuts for programs that provide for people with developmental disabilities will negate any and all progress toward community-based supports and cause further increases to an already intolerable waiting list.

**Our featured participant: Janet**

*A smile that lights up a room!*

Janet Kinsey is 66 years old and lives at home with her mother. She takes care of the house cleaning, laundry, and does the cooking.

She has 2 siblings, both brothers, and she is the eldest. She has been participating in The Arc programs for 2 years.

Janet is conscientious and practical. When she gets her paychecks for folding pizza boxes she buys her prescriptions and saves the rest of her paycheck for groceries.

Janet loves helping others and is a good organizer and leader. She is courteous and shows love to others. These qualities make her a joy to know. One thing that Janet wishes is that she could give more hugs to everyone!

**Janet’s favorite activities:**  
Playing with her dog “Cinnamon”  
Going out to eat, especially at Wood Grill  
Volunteering at the Sentara Atrium, binding books  
Volunteering at Bridgewater Retirement Home, helping in the dining hall  
Watching church on TV each Sunday, and reading the Bible
We thank you, Dr. Joe Peronne, for your many selfless hours of work for The Arc!

In March 2017 Joe began volunteering his time, skills, and heart to The Arc. A year later, he has worked countless hours with our service recipients in SpArc community engagement. His contributions have been priceless. Joe is a “jack of all trades”, and has made many repairs to the Simon-Edmonson Center. He has fixed shelves, cabinets, and made adjustments to wheelchairs and walkers. We are all grateful to Joe for his time and giving spirit.

Chase Imoru, Qualified Development Disability Professional  
Barnes Yelverton, Direct Support Professional  
Kathryn Penn, Direct Support Professional  
Julia Walsh-Hornick, Director of Finance  
Sara Harper, Director of Development  
Penny Fong, Continues with us in a new position: Assistant Director of Support Services  

“The world is hugged by the faithful arms of volunteers” - Terri Guillemets  

Welcome & Congrats!

Art & Music At Simon-Edmonson
Save the Date

Saturday, October 13th, 2018
Turner Pavilion & Park
Harrisonburg
3:30pm - 9:00pm

Upcoming Community Events

**Arc Arts Show**
Tuesday, May 1st
5:30pm—7:30pm
Vision of Hope UMC
For more information and to RSVP, contact Julie Francis
jfrancis7958@gmail.com

**Blossoms of Springtime**
See attached form for details and sign up

**Challenger Baseball**
All children experience success as they have a great time playing the game. The focus is on fun. No score is kept, each player bats every inning, and everyone plays the entire game. Players are assigned a buddy who works to ensure safety and success.

Bridgewater Community Little League – Sue Hutchinson
540.820.3501  hutchisl@jmu.edu

Grottoes Community Little League – Megan Rexrode
540.560.5249  mrexrode@rockingham.k12.va.us

Harrisonburg Little League Association – Dean Warlitner
540-280-1976  deanwarlitner@gmail.com

**Overcoming Barriers**

Spring 2018 Programming Schedule & Registration
Dr. Moran and the Overcoming Barriers team are excited to share our WINTER/SPRING 2018 Program Guide with you! Website: http://empowerment3.jmu.edu

**The Great Community Give**
Wednesday, April 18th
The Great Community Give is an initiative of The Community Foundation and is Harrisonburg/Rockingham County’s first online, community-wide giving day event! Please go to www.greatcommunitygive.org to donate!

**Drag Brunch**
Saturday, April 28th
Rhinestone Productions Fundraiser for The Arc
Seating at 12:00, Show at 1:00
Capital Ale House, Harrisonburg

**Day of Caring**
Wednesday, May 9th
JMU Memorial Hall

To view and sign-up for volunteer projects, visit our volunteer portal, Get Connected.

If you have any questions about Get Connected or signing-up for a volunteer project, please email Rachel Springer at rachel.springer@uwhr.org
Blossoms of Springtime
Back by popular demand!

Members of our SpArc program will lovingly tend baskets of red and pink Geraniums for you and have them ready for Mother’s Day. Each hanging basket comes with a bow, a picture of the person who helped tend it, and information about our programs. Baskets are $20 each. You can pick them up at our office, or we’ll deliver anywhere in Harrisonburg or Rockingham County. All proceeds help people with Developmental Disabilities have A Life Like Yours. Order today!

Name: ____________________________________________________________
Address: _______________________________________________________________________
City: __________________________ State: ______ Zip: ____________
Email: __________________________ Phone: __________________________

I would like the following:
# of Red Hanging Baskets_______
# of Pink Hanging Baskets_______

Please use a different order form for each unique delivery address.

I will pick up my order at The Arc’s office at 620 Simms Ave., Harrisonburg between 9 a.m. and 5 p.m. on
☐ Wed., 5/9   ☐ Thurs., 5/10   ☐ Fri., 5/11

I would like my order delivered on  ☐ Wed., 5/9 or  ☐ Thurs., 5/10 in Harrisonburg or Rockingham Cnty (Deliveries will be made between 9:00 a.m. and 5:00 p.m.)
☐ Deliver to the same address as above OR

Name: ____________________________________________________________
Address: _______________________________________________________________________
City: __________________________ State: ______ Zip: ____________

Mail this form with your check by 4/25/18 to The Arc, 620 Simms Ave., Harrisonburg, VA 22802.
Thanks for making life more beautiful for people with Developmental Disabilities!
Your generous contributions allow us to continue our mission and to help create a better, more inclusive life for people in our community with intellectual and/or...
Support The Arc by eating great food!

Dining to Donate

Enjoy a meal that’s filling and fulfilling.
Eat in or try our Carside To Go™ service!

Dine at Apple-© and 20% of your bill will be donated to
The Arc of Harrisonburg
Rockingham

Present this flyer to your server on
April 18th
4pm-9pm

at Applebee’s of
186 E. Market Street
Harrisonburg, VA 22801

You must present a flyer for your donation to count!

applebees.com

© 2005 Applebee’s International, Inc. Donation percentage excludes tax, tip and alcohol sales. Valid at participating restaurants during specified hours. Must present flyer in order for organization to receive credit for purchase. Flyers are not to be distributed in the restaurant or within the perimeter of the parking lot.

You must bring this flyer for your donation to be counted. If ordering To Go, please mention this fundraiser.
My Pledge

In honor and celebration of 55 years of programs, services and advocacy for people with Developmental Disabilities (DD) and their families, I would like to pledge a gift that will further The Arc’s efforts to ensure that people with DD have a sense of belonging in the community through inclusion and engagement. My gift will allow more SpArc teams to have access to the community.

Multi-Year Pledge/Gift Amount (check one) Be the SpArc Society Levels

_____ $500.00 a year for 5 years Matchlight
_____ $1,000 a year for 5 years Sparkler
_____ $5,000 a year for 5 years Bonfire
_____ $10,000 a year for 5 years Inferno

or a multi-year gift of my designation: or a one-time gift of my designation:
$______ a year for ____ years $______ in honor of the 55th Anniversary

My employer________________________________________ will match my gift.

Name: ________________________________________________
Address: _____________________________________________
City: _________________________________________________
Email Address: _______________________________________

_____ My check is enclosed (please make payable to The Arc Harrisonburg and Rockingham).

Become a Member of The Arc of Harrisonburg & Rockingham

Membership includes membership in The Arcs of Virginia and The U.S. and, most importantly, you add to The Arc’s collective voice which is critical in shaping solutions to resolve the problems in Virginia’s DD service system. Our legislators listen when The Arc advocates on behalf of persons with DD because we speak on behalf of our members – their voters. Please (re-)join us in attaining our vision of a community where people with disabilities are valued as classmates, coworkers, neighbors, citizens and friends!

Name: ______________________________________________
Address: _____________________________________________
City: _________________________________________________
Email Address: _______________________________________

_____ My check is enclosed (please make payable to The Arc Harrisonburg and Rockingham).

I would like to make an additional contribution

$25 _____ $50 _____ $75 _____ $100 _____ $250 _____ $500 _____ Other:_______

My gift is in memory of / in honor of:

Send acknowledgement to:

Name: ______________________________________________

Renewal Reminders

Your continued membership is very important to us fulfilling our advocacy mission. If your membership is expiring please renew or simply make a donation to reactivate it. In future, we will be mailing out all renewal reminders.
### The Arc Board

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
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<tbody>
<tr>
<td>President</td>
<td>James Ward</td>
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<tr>
<td>Vice President</td>
<td>Carroll Ward</td>
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<tr>
<td>Secretary</td>
<td>Jennifer Bridges</td>
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<tr>
<td>Treasurer</td>
<td>Jan Rhodes</td>
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<td>Directors</td>
<td>Ben Entsminger</td>
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<td>Jonathan Ischinger</td>
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<td>Sandy Minskoff</td>
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<td>Dick Simon</td>
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<td>Kara Westerbeek</td>
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<td>Kirsten Beachey</td>
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### The Arc Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
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<tbody>
<tr>
<td>Deborah Armentrout</td>
<td>Transition Coordinator—QDDP</td>
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<tr>
<td>Emily Burke</td>
<td>Direct Support Professional</td>
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<tr>
<td>Susan Clague</td>
<td>Direct Support Professional—QIDP</td>
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<tr>
<td>Heather Denman</td>
<td>Executive Director</td>
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<tr>
<td>Patricia Dunn</td>
<td>Administrative Assistant</td>
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<td>Penny Fong</td>
<td>Assistant Director Support Services</td>
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<tr>
<td>Terri Gibbs</td>
<td>Director of Support Services</td>
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<tr>
<td>Sharon Grandle</td>
<td>Director of Operations</td>
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<tr>
<td>Sara Harper</td>
<td>Development Director</td>
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<tr>
<td>Chase Imoru</td>
<td>Direct Support Professional—QDDP</td>
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<tr>
<td>Carolyn Jackson</td>
<td>Direct Support Professional</td>
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<tr>
<td>Cambry Martin</td>
<td>Direct Support Professional</td>
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<tr>
<td>LonDreher McConnell</td>
<td>Direct Support Professional</td>
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<tr>
<td>Katherine Penn</td>
<td>Direct Support Professional</td>
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<tr>
<td>Gayle Peterman</td>
<td>Direct Support Professional</td>
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<tr>
<td>Emily Roberts</td>
<td>Director Support Professional—QDDP</td>
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<tr>
<td>Emily Shifflett</td>
<td>Direct Support Professional</td>
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<tr>
<td>Dick T. Simon</td>
<td>Office Assistant</td>
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<tr>
<td>Julia Walsh Hornick</td>
<td>Director of Finance</td>
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<tr>
<td>Rebecca Wiggins</td>
<td>DSP—Transportation Director</td>
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<tr>
<td>Nikki Wood</td>
<td>Direct Support Professional</td>
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</tbody>
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### Wish List

- A new or used storage shed
- Breakfast bars
- Band-aids
- Napkins
- Plastic forks & spoons
- White copy paper
- Individually packaged snacks
- Large clear storage tubs w/ lids
- Trash can liners (13 & 45 gal)
- Non-violent computer games
- Colored Pencils
- Paper towels
- Tissues
- Wet Wipes
- Ziploc snack bags