Like The Arc of Harrisonburg and Rockingham on facebook

**Upcoming Events**

**Drive for Inclusion**—
Please be a driving force!
Make a donation to support our Community Engagement transportation program. Donate at www.hrarc.org

**The Arc Yard Sales**—
Donate goods or come shop on the Simms lawn
8am-2pm
July 20, August 17, and September 14, 2018

**Arctoberfest**—
German Beer and Wine Festival
October 13th, 2018

**#GivingTuesday**—
Support The Arc on November 27th, 2018

**Santa Run, Walk ‘n Roll**—A pre-holiday parade fun run to support The Arc
December 7th, 2018

**Birthdays celebrated**

**June:**
Heather C.
Reevie W.
Dick S.
Shirley C.

**August:**
Mona R.
Harry S.
Olivia H.

**July:**
Becky W.
Cindy T.
Kaitlyn P.
Lena S.
Julia W.
Ashley H.

**September:**
Amanda C.
Steven U.
Emily S.

**Volume 46, Issue 2**

**The Arc Advocate**

**Celebrating 30 Years!**

This year we commemorate the 30th anniversaries of our beloved Direct Support Professional, Becky Wiggins and Administrative Assistant and program participant, Dick Simon. Over the years, Becky Wiggins has been a valued staff member and team player who always has a smile for each and every participant of The Arc. As Director of Transportation, she makes it possible to get participants to and from their homes and travel throughout the community to volunteer at Meals on Wheels, Salvation Army and Sentara or perform Kids on The Block puppet shows. Becky has given so much to The Arc’s community. Her hard work and dedication to people with developmental disabilities is greatly appreciated!

Dick Simon has the proud distinction of being a member of the Simon family. Dick’s mom was among others who saw the need for a post high school day support program for adults with developmental disabilities. She and Francis Edmonson started the Op Shop to fill this need. Dick attended the Op Shop and also became an employee of The Arc. The Op Shop is now called the Simon Edmonson Center in honor of these families. Dick currently serves as a self-advocate on the Board of Directors of The Arc. He is an awesome person and we are blessed to know him. Here’s to 30 more years Dick and Becky—Happy 30th Anniversary!

**Our featured Participant: **Hope

**What a joy to be around!**

Hope Sutliff is 28 years old. She is ambitious, and goes to great lengths to ensure that she has the best time doing whatever activity she selects. Hope is a big sports fan, and after winning gold, she then recently won 3rd place in a local softball tournament. Other sports she enjoys are basketball, volleyball and swimming. Hope is always going for a new look - you can count on a new, exciting hair color every month!

Hope has 4 half siblings and an aunt that she cares for a lot. She loves being at The Arc because it provides her so many opportunities to enjoy friendships and experience life’s wonders and joys.

Hope is a positive and active person who always wants to stay engaged in the community where she provides a glowing example of confidence and energy.

**Hope’s favorite activities:**
Playing with her cat, Layla
Texting or calling her boyfriend
Doing community volunteer work
Shopping
Listening to bluegrass
Thank you Julie Francis, for your dedication to and creative outlook with The Arc! Julie is a fantastic artist and teacher who is not only capable of showcasing her beautiful creations with pride, but is willing to share her abilities and skills with participants of The Arc. Julie volunteers for us because she has a compassion to help others and contribute to building their self worth through art. She planned and orchestrated The Arc Great Art Event this May and it was the best attended and most successful art show The Arc has ever hosted! We hope that she will continue to touch our hearts through the power of art for years to come..

Jacob McCoy, Communications Director
Barbara Connor, Qualified Developmental Disability Professional
Macey Kinsey, Qualified Developmental Disability Professional
Michelle Vaught, Qualified Developmental Disability Professional

Welcome! New Employees

KOVAR—Making a Difference

The Arc of Harrisonburg Rockingham County is thrilled to have received from the KOVAR Foundation new furniture pieces from Butler Human Services Furniture, to be used by Service Recipients with developmental disabilities at the Simon-Edmonson Center. The Arc was awarded a grant by KOVAR to purchase the durable couch, recliner and chairs that have been greatly needed. Historically the Service Recipients have had only plastic folding chairs available to them. The new furniture is conducive to conversation, and are made with durable incontinence-resistant fabric. Aaron and Amanda are relaxing after a day of volunteering at the Salvation Army (Photo right)

Ed Seroskie, representing KOVAR, visited the Simon-Edmonson Center on May 8th 2018, and presented The Arc with a plaque to commemorate the donation. (photo left: L-R Dick Simon, Heather Denman, Lena Stewart, and Ed Seroskie).

The KOVAR grant also provided for a new car for SpArc, The Arc’s community engagement program. SpArc provides opportunities for a direct support professional and a team of 3 service recipients to explore and engage in community life with a focus on developing natural supports and, through volunteerism, building the skills necessary for paid employment. Transportation is the single greatest barrier to providing community engagement services. Thanks to KOVAR, we have another team on the road each day! Thanks also to Steven Toyota for finding just the right vehicle at the right price.
The Day of Caring

Thanks to Massanutten Resort and Bridgewater Retirement for the incredible volunteers for the day, and for bringing tools and equipment.

A big thanks to Bojangles for providing a huge and delicious meal for all of our volunteers. It was thoroughly enjoyed and was a well-deserved break from all of their hard work!

Thank you to Sentara for providing volunteers to prep our lot for a shed. We are excited to have storage space!

Thank you to Frazier Quarry for generously donating 5 tons of gravel to create a level pad for the shed!

Thanks especially to the United Way of Harrisonburg and Rockingham County for bringing volunteers and nonprofits together every year to get much needed projects completed and establish meaningful connections that endure.

Great Community Give

Our incredible Harrisonburg-Rockingham community raised $3,065 for The Arc! Thanks to all who participated and to The Community Foundation for making it happen.

The Arc Arts Show

Was held on Tuesday, May 1st at Vision of Hope UMC. Congratulations to the winners of the People’s Choice award, Matthew and Tim.

Robby McCoubrey performed and led music, getting everyone involved, with drums, percussion and voice. Robby’s services are made possible by a grant from the Arts Council of the Valley (see pg 4).

Arc in the Park

The Annual Arc Picnic was great fun for all. We appreciate so many members coming out to our annual meeting!

Becky Wiggins and Dick Simon were both honored for 30 years with The Arc. Interactive music and a Kids on the Block puppet show provided great entertainment.

New board members, Dr. Joe Perrone, Justin Showalter and Jeannine Peterman were elected, a check was presented from Thomas Jefferson Civitan Club by Helen and Charles Leach, and Julie Francis, Volunteer of the Year, was announced and recognized (see pg 1). Dr. Joe Perrone was elected Treasurer and Jan Rhodes was shown appreciation for her service in the role. Jan continues as a director.

THANK YOU Popeyes and KFC for donating the delicious chicken and thanks to everyone who attended for bringing a yummy side dish or dessert.
The Arts Council of The Valley and the City of Harrisonburg are Making Music at The Arc

Thanks to a grant from the Arts Council, The Arc has acquired the services of music therapist, Robby McCoubrey, to provide continuity in our music program between JMU semesters. Thanks to Robby and a Community Development Block Grant (CDBG) from the City of Harrisonburg, The Rocktown Ringers are now Percussionists as well. We were able to purchase drums, whackers, rain sticks, bells and other percussion instruments with CDBG funds.

Our music program will go on the road with our Kids on the Block puppeteers to bring joy to child care centers and nursing and retirement homes.
My Pledge

In honor and celebration of 56 years of programs, services and advocacy for people with Developmental Disabilities (DD) and their families, I would like to pledge a gift that will further The Arc’s efforts to ensure that people with DD have a sense of belonging in the community through inclusion and engagement. My gift will allow more SpArc teams to have access to the community.

Multi-Year Pledge/Gift Amount (check one)

<table>
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<tr>
<th>Amount</th>
<th>Description</th>
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<tr>
<td>$500.00 a year for 5 years</td>
<td>Matchlight</td>
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<tr>
<td>$1,000 a year for 5 years</td>
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<tr>
<td>$10,000 a year for 5 years</td>
<td>Inferno</td>
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</tbody>
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or a multi-year gift of my designation: or a one-time gift of my designation:

$______ a year for ____ years $______ in honor of the 55th Anniversary

My employer________________________________________ will match my gift.

Name: ________________________________________________
Address: ______________________________________________
City: ___________________________________________________
Email Address: _________________________________________

_____ My check is enclosed (please make payable to The Arc Harrisonburg and Rockingham).

Become a Member of The Arc of Harrisonburg & Rockingham

Membership includes membership in The Arcs of Virginia and The U.S. and, most importantly, you add to The Arc’s collective voice which is critical in shaping solutions to resolve the problems in Virginia’s DD service system. Our legislators listen when The Arc advocates on behalf of persons with DD because we speak on behalf of our members – their voters. Please (re-)join us in attaining our vision of a community where people with disabilities are valued as classmates, coworkers, neighbors, citizens and friends!

Name: ________________________________________________
Address: ______________________________________________
City: ___________________________________________________
Email Address: _________________________________________

Individual/Family ($20) ☐ Business ($50) ☐

☐Renewal ☐ New Membership ☐

I would like to make an additional contribution

$25 ___ $50 ___ $75 ___ $100 ___ $250 ___ $500 ___ Other: _____

My gift is in memory of / in honor of: ________________________________

Send acknowledgement to:

Name: ________________________________________________

Renewal Reminders

Your continued membership is very important to us fulfilling our advocacy mission. If your membership is expiring please renew or simply make a donation to reactivate it. In future, we will be mailing out all renewal reminders.
# The Arc Board

| President  | James Ward |
| Vice President | Carroll Ward |
| Secretary | Jennifer Bridges |
| Treasurer | Dr. Joseph Perrone |
| Directors | Ben Entsminger, Jeannine Peterson, Justin Showalter, Sandy Minskoff, Dick Simon, Kara Westerbeek, Kirsten Beachy, Jan Rhodes, Heather Denman |

# The Arc Staff

| Deborah Armentrout, Transition Coordinator—QDDP |
| Emily Burke, Direct Support Professional |
| Heather Denman, Executive Director |
| Patricia Dunn, Administrative Assistant |
| Penny Fong, Assistant Director Support Services |
| Terri Gibbs, Director of Support Services |
| Sharon Grandle, Director of Operations |
| Sara Harper, Director of Development |
| Chase Imoru, Direct Support Professional—QDDP |
| Carolyn Jackson, Direct Support Professional |
| LonDreher McConnell, Direct Support Professional |
| Gayle Peterman, Direct Support Professional |
| Emily Roberts, Director Support Professional—QDDP |
| Emily Shifflett, Direct Support Professional |
| Dick T. Simon, Office Assistant |
| Julia Walsh Hornick, Director of Finance |
| Rebecca Wiggins, Transportation Director |
| Nikki Wood, Direct Support Professional |
| Lori Yost, Direct Support Professional |
| Jacob McCoy, Communication Director |
| Barbara Connor, Qualified Developmental Disability Professional |
| Macey Kinsey, Qualified Developmental Disability Professional |
| Michelle Vaught, Qualified Developmental Disability Professional |

# Wish List

- Computer keyboards
- Flat screen monitors
- Breakfast bars
- Band-aids
- Napkins
- Plastic forks & spoons
- White copy paper
- Individually packaged snacks
- Large clear storage tubs w/ lids
- Trash can liners (13 & 45 gal)
- Non-violent computer games
- Colored Pencils
- Paper towels
- Tissues
- Wet Wipes
- Ziploc snack bags
- AA batteries